



September 2026

Club Cadillac Chronicles

Get Well, Get Learning!

Important Dates

Walk A Mile Rally

Club Cadillac and Traverse House will be attending on September 23rd where our Club Choir will be performing.

USA CLUBHOUSE CONFERENCE

OCTOBER 1-3, 2026
ARLINGTON, VIRGINIA

Club Cadillac is not only attending, but we are presenting at this years USA Conference!

Standard # 25

The Clubhouse assists members to reach their vocational and educational goals by helping them take advantage of educational opportunities in the community. When the Clubhouse also provides an in-house education program, it significantly utilizes the teaching and tutoring skills of members.



Education Statistics

From July 2025-July 2026 Club Cadillac assisted 20 members with school applications, studying, financial aid forms, homework, and other educational assistance. These Club Cadillac colleagues were guided 156 times with in the last year.



Contact us

📞 231-775-5638

📍 2105 6th Ave Cadillac, MI

🌐 www.clubcadillacclubhouse.org

Educating Within the Clubhouse

by Sara and Jasmine

At Club Cadillac we don't have any job specific training, but we do help people learn transferable skills such as a POS system, sweeping floors, mopping floors, using a commercial dishwasher, computer skills, graphic design skills, gardening, and much more. We also help with soft skills as many members come in quiet at first and Club helps them out of their shell.

When someone first walks into the Clubhouse, it can be overwhelming with all the resources and opportunities that we have to offer. Every person has different needs and are at different skill levels.

Some individuals have cooked before and some have worked on computers. Regardless of the current skill level, anyone is welcome to learn and work on any task the Clubhouse had to offer. For example, in the Kitchen Unit, basic knife skills are very important for preparing our daily lunches and preserving food from our garden. Also, we learn the importance of keeping records, logging attendance, statistic tracking. These things can show the development and growth of the Clubhouse.



Walk -A-Mile-In-My-Shoes Rally, Lansing on September 23, 2026

WHY WE RALLY:

- To enhance public awareness, because legislators need to know that Mental Health Matters.
- To put an end to the stigma related to mental illness & developmental disabilities, because Michigan does not have parity (equality) between mental health & physical health care coverage.
- To promote mental health and wellness, because we can make a difference!



This year the Club Cadillac Choir will be leading the rally in uplifting songs as part of the program! We will also be singing the National Anthem on the steps of the Capitol Building!



Clubhouse Wellness

By Jay & Jasmine

Our Clubhouse is very much into doing wellness for strength, toning, walking and singing. Clubhouse colleagues attend activities for social and emotional wellness that are not a part of the Work Ordered Day. We have learned Yoga together and it is done as a group on a regular basis. Many colleagues report different levels of fitness and exercise for each day and it is recorded for our Clubhouse Statistics. Members may report things like, going for a walk, a visit to the YMCA, weight lifting, bike riding, singing, meditation, and much more. Club Cadillac thrives on supporting one another in all goals, including physical wellness.

Educational Programs Around Cadillac By Sara and Kelley



Students who attend the WMCTC can explore and train for career options in one of fourteen hands-on programs to help them "Prepare for Career Success" after high school, whether it is college, employment, or the military.

We at Club Cadillac have access to all of these opportunities to further our education and enhance our soft skills for employment. They have done a lot for our members and we are very appreciative of the opportunities they've given us.

ACT is a FREE, 18-week adult education and training program developed to meet the need for skilled workers in today's workplace environment. Northwest Michigan ACT offers a direct path to job skills, a high school diploma or GED, and an entry-level position within the local manufacturing, health care, or hospitality industries. Students will not only receive hands-on training on the most current high-tech equipment, but will also develop employability skills like communication, professionalism, and dependability.

Clubhouse Students

Dani F.- Bachlors

Michelle G.- GED

Jamie S.- Associates

Marleen C.

Sam C.

River W.

Dan M.

Michael B.- GED

Alyssa P.- GED

Trinidad

Club has been instrumental in me deciding to go back to school. Since returning to Club, my passion to become a mental health advocate has been rekindled and grown stronger. Club has helped me in many ways, including both applying for college and financial aid. They have been a constant source of support and motivation, always cheering me on!

-Jamie S



Education Corner

My name is Michelle Gagnon and since I have been in school working towards my GED, Club Cadillac has made me aware of their Education Corner in the Clubhouse. This has made it easier for me to be able to come to Club Cadillac and get my school work done. The Education Corner is a great place to visit and for me to study with no interruptions and it's quiet enough that I am actually learning. It's not easy to get schoolwork done at home with my kids being very loud and interrupting me every 30 seconds. I'm glad it is available!

-Michelle G



Standard 25: Celebrating Member Growth & Calling Our Community to Action

When we look around Club Cadillac, one thing stands out above all else: the incredible drive, resilience, and talent of our members. On behalf of the entire Board, I want to share just how deeply proud we are of every educational and personal milestone our members achieve. Whether it is mastering a new computer program, working toward a degree, or stepping up to teach a skill to a peer, your courage inspires our entire community every single day. Standard 25 reminds us that supporting educational and vocational goals is a team effort. As a Board, our favorite role is standing right beside our members as champions, mentors, and advocates.

Walking the Path Together

Our Board members love bringing their own background and experience into the Clubhouse to support these goals. Over the years, we've cherished the chance to connect hands-on through:

- **Computer & Tech Support:** Sitting down side-by-side to build comfort with software, navigate administrative tools, and sharpen digital skills for today's workplace.
- **Lunch & Learns:** Sharing casual, engaging lunch hours dedicated to exploring career ideas, financial wellness, and practical life skills.
- **Toastmasters Speechcraft:** Partnering on public speaking and leadership workshops to help members find their voice, build confidence, and practice sharing their story.

A Call to Action: How You Can Help

Standard 25 is about opening doors through community support. To continue expanding these opportunities, we are reaching out to our friends, local business owners, and community partners with a direct call to action: **Will you join us in helping our members reach their educational and career goals?**

There are many meaningful ways to make a difference:

- **Connections & Collaborations:** Do you represent a local business, adult education program, trade school, or community organization that could partner with us to host a skill-building workshop, offer training, or invite members to explore new educational pathways?
- **Mentorship & Expertise:** Would you or someone in your network be interested in sharing professional expertise or facilitating a Lunch & Learn session?
- **Financial & Resource Support:** Donations directly empower our members by helping cover textbook costs, course fees, testing materials, technology upgrades, and essential educational supplies.

When we invest in the educational goals of our Clubhouse members, we strengthen our entire community. If you have a connection to share, an idea for collaboration, or a desire to support our mission through a donation, please reach out to the Board today. Together, we can help every member thrive!

Sincerely,

Kristen Kenny
Board President

