

Club Cadillac Chronicles

Standard #27:

Community support services are provided by members and staff of the Clubhouse.

Community support activities are centered in the work unit structure of the Clubhouse. They include helping with entitlements, housing and advocacy, promoting healthy lifestyles, as well as assistance in accessing quality medical, psychological, pharmacological and substance abuse service in the community.

This standard emphasizes the many different services provided through the Clubhouse community. As you will see in this newsletter, Club Cadillac offers many services and resources to assist members in multiple areas. Weekly Yoga and daily trips to the YMCA are a large part of the Clubhouse promoting healthy lifestyles.

April 2026

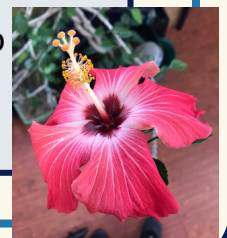
Goodwill Vouchers

We are thankful to have a partnership with Goodwill and each month we receive 10 vouchers for our members. Members are able to purchase winter coats, boots, clothes, dishes, pots and pans, bike, children's items and more! This has been extremely impactful for our members, and is a shopping trip we look forward to twice a month!



Garden

Club Cadillac is getting ready for the gardening season. Members have been propagating plants and preparing seeds. We are in hopes to have more Hibiscus bushes in the future to enjoy their beautiful blooms.



Kitchen Unit:

Club Pantry

by: Matt & Jasmine

Club Cadillac provides a food pantry thanks to our partnership with Feeding America. Members who live independently can receive a food pantry every two weeks. It involves 2-3 meats, vegetables, beverages, nonperishables, and other assortments. This helps members to have nutritious options and to get them by when hardships or financial troubles occur.



Clerical Unit:

Emergency Relief Fund

By Sara K and Kelley

The emergency relief fund is meant for members to use for a variety of things. From paper products to your cell phone bill to a battery for your car and everything in between. We fill out the form and the membership comes to consensus on how much will be (or will not be) awarded. Once decided the member must turn in a receipt to attach to the form for documentation.



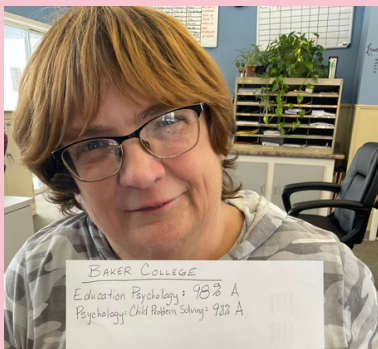
Educational Support

"After I submitted my midterms, my laptop broke!

The college offered me a loaner, but I had to go pick it up in Traverse City. I didn't have the funds. Club Cadillac gave me some assistance via

Emergency Request funds, and I was able to go pick up my new computer. I'm grateful for their assistance!"

-Dani F.



"Club Cadillac encouraged me to take these classes so I could become a better tutor. Club's support gave me the confidence to engage with my students. I got straight A's and I'm helping my students get there too!" -Marleen C.

Employment Article

By Kerry & Matt

Employment needs and assistance does not always end when our members get a job. That is where the Clubhouse comes in. We offer assistance to our members with filling out applications and references but that is just the beginning.

Assistance with transportation, uniforms, Social Security and benefit reporting is also given. Matt H says "I had a TEP with WildFlour. The staff member trained me!

Club has and still does supply me with rides to work at my new job."





Wellness Corner

By Kerry and Sara

Wellness walks with Kerry are typically done everyday in the afternoon, even in winter. In winter we normally pace across the parking lot. Its good for wellness and getting some free vitamin D from the sun. Kerry often will learn something she didn't know before from me.



Van Runs

Every day at 11am and 1:30pm our members can sign up to be taken to community supports. Examples of what we call "van runs" include rides to the bank, pharmacy, Social Security Administration, pick up or drop off at appointments, pick up and drop off for wellness at the YMCA, taken to the health department and any other community needs members have.

Many members don't have their own transportation and live on a fixed income, therefore these types of supports are very helpful in providing members with rides they might not otherwise have.

"Club Cadillac can accommodate me with rides to my doctor and other appointments, and it makes my life a lot less stressful." -Michael G.



Housing Support

Club Cadillac is able to help support member's housing needs in a variety of ways. There are housing applications for location apartments at the Clubhouse, and we also transport members to apartments to drop off applications or meet with property managers. Club Cadillac can also help support members financially with their housing needs. Our fundraised dollars go toward assisting members with application fees and security deposits. We have also been able to help members avoid eviction by supporting with rent during tough times. Another unique way Club Cadillac assist our members with housing is by helping members move.

We know how hard it is to get help with moving both physically and financially, so we become the movers! We have a trailer at Club and we organize members to help in order to get the job done. This takes a lot of stress off of our members with transitioning living situations.

Rides to SOS

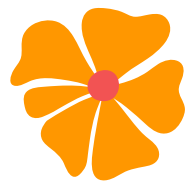
by Sara K

In addition to taking members to their appointments, the bank, and the pharmacy Club will also take us to the Secretary of State to change our address or to get a new ID. Our van rides aren't just for medical purposes. We can also help our members in this way.



Club Cadillac assists members with voter registration, and offers rides to each individual's voting precinct.





Advisory Board



Standard 27: The Power of Community Support and Board Advocacy

By Kristen Kenny, Board President

At the heart of the Clubhouse model is the belief that recovery doesn't happen in a vacuum—it happens within a community. As a Board, we are proud to stand behind these efforts, working tirelessly to bridge the gap between the Clubhouse and the wider community.

A Strategic Focus on Housing

The Board understands that mental health recovery is significantly enhanced by quality, affordable, and safe housing. Following our "Housing First" approach, we have focused significantly on initiatives that directly benefit our members. This includes our own rehabilitative housing project, which aims to provide members with the stability they need to focus on their personal growth and recovery. By advocating for these options, the Board is seeks to ensure that the foundation of a member's life is secure.

Promoting Healthy Lifestyles

Support under Standard 27 also means promoting wellness in all its forms. The Board actively supports healthy lifestyles by hosting and arranging "Lunch & Learn" presentations. These sessions cover a variety of lifestyle and wellness topics—from nutrition to stress management—bringing expert knowledge directly to our members in a supportive, collaborative environment.

Advocacy for Access and Opportunity

Our role as Board members extends into the community as advocates. We don't just push for access to quality healthcare and pharmacological services; we also advocate for employment opportunities. We believe that every member has talents to share with the Cadillac area, and we work to ensure that local employers recognize the value and dedication our members bring to the workforce.

Strength Through Collaboration

Standard 27 is a beautiful example of how members and staff work together on the "front lines" of support. While the Board provides strategic backing and helps secure the broader foundations of the organization, we recognize that the true engine of Club Cadillac is its membership. Members do an incredible amount of their own fundraising, making their dedication and hard work the primary force behind our community's success. Whether it's navigating a complex social service system or opening a door to a new apartment, we are all part of the same mission: ensuring no member has to navigate their journey alone. We are honored to support the incredible community support activities that make Club Cadillac a true lifeline for so many.

